

Scoring Criteria	<b>Goal Setting and Self-Reflection: “What I Need to Do” Rubric</b> (This area provided for you to indicate that you understand the requirements and success criteria of the assessment task.)	<b>Evidence of What I Did</b> (This is for your FINAL self-assessment. You can <b>color-code/provide a key</b> to show where evidence is found in your reflection or plan.)
<b>Develop a Goal Setting Plan</b>  Make a plan to improve upon performance in a chosen subject area or skill	I completed my <b>Goal-Setting Worksheet</b> on _____ (date) My greatest personal strengths are:  My greatest academic strengths are:  A challenge I’ll try to overcome is:  _____ has reviewed my Goal-Setting Worksheet and agrees that my plan is clear, complete, and feasible. (Requires peer or adult sign off – read this like a critical friend!)	Ideas I got from my peers:    Ideas I got from other resources (teacher, mentor, advisor, etc.)
<b>Implement, Reflect Upon &amp; Make Connections</b>	My reflection...  ___ restates my goal: ___ examines which strategies worked best for reflecting on progress and explains why some did not help  ___ uses my analysis to discuss a connection with this Mindset _____  My analysis used this evidence or examples to shape my interpretation and assumptions:    My conclusion summarizes ___ my analysis ___ reflects upon my progress ___ considers what I might do next time:	Evidence I Documented:
<b>Update Plan to improve my performance based on new evidence</b>	My Goal-Setting Plan was updated on _____. To do this...  I discussed and got feedback on my reflections from:  I’ve added these strategies:  I’ve modified or deleted these strategies:	My Key Learning(s):

**Figure 4.6 Example of a rubric designed for self-reflection, using the performance scale indicators as scoring criteria.**